



PROMO

2 UNITS SALTED BUTTER 500G – **R135** CHICKEN BREASTS 5KG – **R316** CHICKEN STRIPS 1KG – **R90**

PIZZA LOVERS COMBO: 5 PIZZA BASES + 1.6KG PIZZA MIX CHEESE + 1 HICKORY HAM 500G – **R350**

MILK & CREAM

Amasi 2lt
Buttermilk 2lt
Cream Fresh (Douglasdale) 1lt
Cream Long Life (Meadowlands) 1lt
Milk Sachet FC 1lt
Milk Jug FC 2lt (Douglasdale)
Milk Long Life Full Cream 1L (6 x 1lt)
Sour Cream 1kg

POPULAR CHEESES

Cheddar Grated 800g
Cheddar Loaf per kg
White Cheddar Grated 800g
Cheddar White Loaf per kg
Cheddar/Mozzarella Slices 500g
Cheddar Slices Processed 900g
Cottage Cheese Smooth 1kg
Cream Cheese Smooth 1kg
Emmental Loaf per kg
Feta Danish 1kg
Feta Danish 3.2kg
Feta Traditional Fingers 400g
Gouda Grated 800g
Gouda Loaf per kg
Grana Padano Imported Wedge per kg
Halloumi Fingers 400g
Halloumi Vacuum Packed per kg
Mascarpone 1kg
Mozzarella Grated 800g
Mozzarella Loaf per kg
Parmesan Grated 200g
Parmesan Grated 1kg
Pizza Mix 800g (GRATED CHEDDAR + MOZZARELLA)

CHEESE FROM AROUND THE WORLD

Blue Cheese Wedge (Fairview) 100g
Brie Wedge (Fairview) 125g
Camembert Wedge (Fairview) 125g
Chevin Wedge (Fairview) 100g

EGGS

Eggs (Extra Large) – Tray of 30 **PROMO**

BUTTERS, MARGARINES & SPREADS

R37 Butter Salted 500g **GREAT VALUE PROMO**
R37 Margarine Full Fat (Marvello) 500g
R80 Margarine Med Fat (Marvello) 500g
R80 Mini Butter (First Choice) 180x8g
R14 Peanut Butter Smooth 2.7kg
R36

YOGHURTS (LOW FAT)

R121 *Flavours: Fruit Cocktail, Peach Granadilla, Strawberry*
Yoghurt Fruit/Plain 1kg
Yoghurt Fruit/Plain 5kg
R95 Yoghurt Greek 1kg
R119 Yoghurt Double Plain 1kg
R95 Yoghurt Double Plain 5kg
R119

GARLIC, HONEY & OLIVES

R75
R140 Honey Squeeze (100%) 500g
R115 Olives Kalamata 1kg
R115 Olives Kalamata 2.5kg
R219 Olive Oil Imported (100%) 1lt
R75 Olive Oil Spray (100%) 200ml
R253 Garlic Crushed 1kg

JALAPENOS

R80
R95
R119 Pickled Jalapenos Sliced 1kg
R391 Jalapeno Feta Cones 500ml

PIZZA BASES

R75
R177 5 Pizza Bases Tomato 31cm (Large)
R161 8 Mini Cheese & Tomato 70g
R95

BAKERY (UNBAKED FROZEN)

R48 Bagels – Cheese Lovers (4 Pack)
R170 Bagels – Variety Pack (6 Pack)
R95 Cheeseburger Pie 245g (4 Pack)
Chicken & Mushroom 190g (4 Pack)
Pepper Steak 190g (4 Pack)
R45 Sausage Roll Beef 190g (4 Pack)
R45 Spinach & Feta 190g (4 Pack)
R45 Samosa Cocktail – Beef 20's
R48 Spanakopita – 8's
Baklava 320g
R75 Kataifi 550g

PREPARED MEALS (FROZEN)

R72 Beef Lasagne 400g R68
R35 Beef Lasagne 1kg R129
R30 Chicken Lasagne 400g R68
R280 Chicken Lasagne 1kg R129
R210 Spinach & Feta Lasagne 400g **NEW** R68
Spinach & Feta Lasagne 1kg **NEW** R129
Fettuccini Alfredo 400g R68
Spaghetti Bolognese 400g R68

VEGETABLES (FROZEN)

R88 Potato Chips (McCain) 2.5kg R95

CHICKEN (FROZEN)

R161 Chicken Buffalo Wings 1kg **NEW** R100
Chicken Breasts 5kg **PROMO** R316
R70 Chicken Burgers Crumbed 2.5kg R210
R100 Chicken Fillets 1kg R68
R200 Chicken Livers 1kg R40
R253 Chicken Drumsticks 5kg R350
R69 Chicken Leg Quarters 5kg R295
R75 Chicken Nuggets 2.5kg R210
Chicken Pops 1kg R98
Chicken Schnitzels 1kg R98
R68 Chicken Schnitzels Cheesy 1kg R100
R60 Chicken Strips (Original/Hot) 1kg **PROMO** R90
Chicken Whole Birds (Large) per kg R56
Chicken Wings 5kg R355

MEATS

R37 Bacon – Back 200g R37
R115 Bacon – Back 1kg R115
R60 Bacon – Bits 1kg R115
R90 Bacon – Streaky 1kg R138
R115 Cheese Grillers 1kg R127
R111 Cheese Grillers Cocktail (ESKORT) 1kg R127
R111 Hickory Ham Sliced 500g R90
R111 Pastrami Sliced 500g R144
R111 Pork Bangers (ESKORT) 1kg R92
R86 Russians 1kg **NEW** R115
R105 Salami Sliced 500g R138
R88 Ribs Pork Loin Marinated 1kg R127
R88

TO PLACE YOUR ORDER

HUNGER STOPS HERE!

073 182 8000 sales@thefatgreekdeli.co.za

PRICES VALID FROM 1ST JUNE TO 30TH JUNE 2026

ROCKFIELDS VILLAGE, SERELETS STREET, LENCHEN AVE,
ROOIHUISKRAAL NORTH, CENTURION, 0157

